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FEBRUARY 2012

Kelly Brook

What she *really* thinks of her famous exes

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GLAMOUR meets **MADONNA!**

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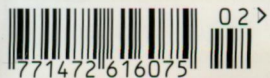
12-page special

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ON US

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- And more!

8 things every woman should do in **bed** at least once



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February 2012

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50 8 things every woman should do in bed at least once But trust us, you'll want seconds

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No diets, no crazy workouts, no sweat!

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Clémence +
pretty spring
dresses =
très chic!
(page 154)

MAKING A DIFFERENCE? IT'S A DO!

This month's *major* inspiration? Faiza Seth, who runs the charity Soham For Kids, which helps educate deprived children in India



homes and a children's hospital. I came to England from the US in 2006, and set up an interior design company, which I still run, but I wasn't fulfilled. So, in 2009, I decided to do more. I visited 200 villages in India and decided Mallapur needed the most help. It's extremely deprived."

How did you get funding?

"Initially, I used all my own money, including selling all the jewellery I got for my wedding for \$40,000! It's tradition to get jewellery for Indian wedding presents. Thankfully, my husband didn't mind, as it was all for a good cause."

What response have you had since it launched?

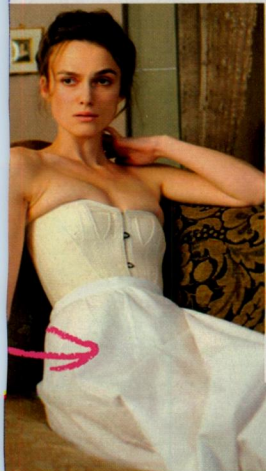
"I've got some great patrons, including Baroness Shreela Flather and Baroness Anne Jenkin from the House of Lords, and George Davies who started the clothing line George at Asda. We held a fundraising event last September and raised more than £210,000. We're always looking for more volunteers to come to India, too, so GLAMOUR readers should definitely get in touch." ▶

For more, visit sohamforkids.org



KEIRA KNIGHTLEY THE BILL

It's par for the course that any Brit actor must have served time in *The Bill*, *Casualty* or *Holby City*. Which is just what Keira (who's garnered rave reviews for *A Dangerous Method*) did in 1995, playing, um, a girl found with a collection of old coins by police.



What does your charity, Soham For Kids, do?

"We have a children's school in Mallapur, an extremely poor area of India. We give them two healthy meals a day and teach maths, science, English, Hindi, Telugu, PE, dance and arts and crafts. A lot of children can't get into schools in India, as the kids are so poor, but I believe educating a child can change the whole cycle of poverty. Rather than just giving them food, we teach them how to fish, so they're prepared for the future."

Why did you set it up?

"I've always felt committed to charity. My mother would take me on trips to India when I was a child (I'm originally from there), and I'd volunteer at nursing